



OCTOBER 1954

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of your being. His vital energy is in every cell

DAILY WORD

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No. 4

I Will Pray for You

A LARGE number of the letters that come to Silent Unity include requests for prayers for others. Often the one requesting prayers says: "Help me to pray for my dear one. Tell me how to pray for him, how to help him."

We in Silent Unity feel that the following meditations will be helpful to you if you are praying for someone else. They will help you to lift up your thoughts about the one for whom you pray; they will help you to realize the Truth about him.

When you pray for another you give him the greatest gift you have to give; and the wonderful thing about praying for someone else is that you cannot pray for another without feeling the blessing and the good effect of your prayers for him in your own heart, mind, and life.

I pray for your healing.

You are created in the image and likeness of God. His life and health flow through every part

of your being. His vital energy is in every cell. His order blesses every function of your body. His breath is the breath of your life.

Whenever I think about you, I see you as whole and perfect. I give thanks that appearances are not the Truth in God's sight. I give thanks that all things are possible with God. I give thanks that you are a spiritual being, that your life is "hid with Christ in God," that in Him you live and move and have your being.

As I pray for you in faith and in Truth, I feel a great surge of healing life through my own being. I know that this life in which we live is omnipresent. I know that you are healed. Praise God!

I pray for your prosperity.

WHATEVER your need, God is the source. I affirm your oneness with God. I know that your supply is now at hand. I see you accepting your good. I see your affairs blessed to overflowing with all the good that God has for you.

There is supply for you; there is work for you; there is a right place for you to live. As I pray for you, as I send you my loving thoughts, I see you as God sees you—prosperous, blessed, successful in all that you undertake.

In praying for your prosperity, I know that my

own affairs are enriched and blessed. For the prosperity of God is for all. His prospering Spirit is in all. I know that you are prospered in every needed way now. Praise God!

I pray for your happiness.

I PRAY for you to be blessed in whatever way will mean happiness to you. I cannot know the desires of your heart, but I do know that happiness and joy are God's will for you. So I now affirm that God is coming forth into your life as pure joy, as radiant happiness. I give thanks that the events of your life are shaping themselves into ways that are for your good and blessing.

I give thanks that the love of God is within your heart, and I know that this love is mighty to attract your own to you. I see you expressing the love of God; I see you radiant with the love of God. I see you happy, free, glorious.

In praying for your happiness, I, too, am filled with a happy spirit. I know that the happiness of God is omnipresent. I know that you are blessed with true happiness now. Praise God!

I pray for you to be comforted.

THERE is within your heart a Holy Comforter that lifts you out of sadness and sorrow and fills you with new light and understanding. I see you filled with the peace that passes understand-

ing. I see you lifted up in spirit; I see you strengthened in purpose and fortified in your will to go forward in life. I see you quickened in faith and renewed in mind and body.

I send you my love. I send you my prayers. I affirm the oneness, the unity of all life. I see you, infolded in the eternal life of God. I see you comforted and sustained in the knowledge that there is no death, that life is truly without beginning or end in God.

As I pray for your peace, I feel a great peace infolding me. I am at peace. I know that you are at peace. Praise God!

I pray for your freedom.

YOU have a Spirit in you that is unfettered and unbound. This Spirit in you knows no limitations, is not bound by fear, by feelings of unworthiness, by bondage to habit. I see you now as free. I see you as the perfect child of God.

All the longings of your soul find perfect fulfillment in God, the Spirit indwelling in you. The past no longer haunts you. Your failings no longer pursue you. You are free! The self of you that God created is your true self, your real self. It stands undefeated, undismayed.

As I affirm your perfect freedom in Christ, I feel a glorious sense of freedom. I know that the

freedom of Spirit is omnipresent. I know that you are free. Praise God!

I pray for your guidance.

THE SPIRIT of God is like a compass in your heart. I know that His Spirit continually points out the right direction to you. My prayer for you is that you may be receptive continually to the divine guidance that comes to you from within.

In any decision God is with you, your light and your Way-Shower. In any need He is at hand, your strength, your wisdom, your ability to act unhesitatingly, to move in the direction of your highest good.

As I pray for you, I give thanks that all things are working together for your good, and I give thanks that there is a Spirit in you that is revealing to you, step by step, the way that is rewarding for you.

As I pray for your guidance, my own feeling of being divinely guided is quickened. I know that I, too, am shown the way through the power of the indwelling Spirit. I know that the wisdom of Spirit is omnipresent.

I know that your way is made clear to you. Praise God!

God's Perfect Action

MARY L. KUPFERLE

GOD's perfect action is moving in and through you, in and through every circumstance of your life. Remember this when your progress seems slow, when your financial affairs seem confused, when you are tempted to doubt and fear concerning a move to be made, a stand to be taken.

God's action is always wise and loving. It is constantly moving throughout creation, a harmonizing, healing power. Without force, without strain, it moves to bless, to lift, to bring forth good. It moves through your mind to illumine you, to inspire you, to enlighten you.

The right action of God now moves through your body to harmonize, to heal, and to strengthen you. The right action of God now moves through your heart to uplift, to cleanse, and to purify you. The right action of God now moves through your life to prosper, to satisfy, and to bless you.

If you seek guidance and direction at this time, realize that the perfect action of the One who made the heavens and the earth now moves through your thoughts, gathering them together in spiritual order and strength, developing your

true purpose, clarifying your vision. Affirm, "The perfect action of God directs every thought I think, every move I make, and all is well."

If your need is for greater realization of wholeness, remember that God's perfect activity is the great equalizer of every bodily function, the great harmonizer of every feeling and emotion. Let go of tension and anxiety through letting go of personal striving, through remembering that it is the Father within who does the work. Repeat lovingly, "The Spirit of God is active within me, promoting order, harmony, and healing."

There is no place where the activity of God is not present. There is no situation in which the activity of God is not in command, in which the activity of God is not at work. As the Spirit of success, God moves through every financial understanding, through every business venture, through every transaction. His action is never delayed; it always brings about a perfect solution and joyous progress. Affirm, "God's perfect action directs my efforts, guides my desires, and prospers my endeavors."

There is no haste in the activity of God. If you feel pressed by circumstances, pushed by events, spend a few moments contemplating God's action within His universe. Picture in your mind's eye the quiet, orderly movement of the stars and

planets across the heavens. There is no hurry, no confusion, no uncertainty here. God's activity always is one of peace and order, and when we remember this it is reflected in our own lives, and our affairs are blessed accordingly.

The perfect action of God illumines and inspires you; it moves through your body as renewed life, through your affairs as abundant success. You are a radiant channel, overflowing with the perfect activity of God!

AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph, WUX, Kansas City, Missouri, or telephone at Baltimore 4720, Kansas City, Missouri, or by letter at Silent Unity, Lee's Summit, Missouri.

Class Thoughts

Used daily by Silent Unity

PEACE

In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS

Through the Christ Mind you are unified in thought, purpose, and understanding and inspired to right action for the good of all mankind.

ILLUMINATION

(11 a.m.)

The night has vanished, and the day appears. Christ in me is my inspiration and light.

PROSPERITY

(12 noon)

The riches of Spirit fill my mind and overflow into all my affairs, making prosperity manifest everywhere.

HEALING

(9 p.m.)

The same mind that was in Christ Jesus is in me, and I am healed, praise God, I am healed.

Friday

OCTOBER 1

THE CLEAR, UNCLOUDED MIND OF JESUS CHRIST DOMINATES ALL MY THINKING, FEELING, AND ACTING.

“**W**E have the mind of Christ.” Let us remember this when it seems difficult for us to think clearly, when the issues before us seem obscure or clouded. And if “we have the mind of Christ,” we have the power to think from a high level; we have the ability to act with love and wisdom.

Jesus Christ, in all His thinking and acting, revealed a clear and unclouded mind. When we realize our oneness with God through Jesus Christ we identify ourselves with Him and with all the divine attributes of Spirit.

Let us give thanks that we have the mind of Christ in us, that this mind is clear and unclouded.

Let us affirm in every experience, in every situation, “The clear, unclouded mind of Jesus Christ dominates all my thinking, feeling, and acting.”

There is a perfect and a right way of action for us; and this way is revealed to us as we attune our minds to the high consciousness of the Christ Mind.

♣ *We have the mind of Christ.*—I COR. 2:16.

OCTOBER 2

Saturday

MY JOY IS IN THE ACHIEVEMENTS OF THE SPIRIT.

THE DEEPEST joys in life come through the achievements of the spirit. It is when we perceive that satisfaction is the result of what we give, not the result of what is given to us, that we know a consistent harmony in our relations with others.

Then we are free to give what the situation calls for without feeling that more is asked of us than of others, that our efforts and thoughtfulness should be reciprocated. We are no longer straining to wrest certain appreciations and responses from others. We are intent upon releasing more of God's Spirit, more of the love that carries us to heights of spiritual joy, more of the wisdom that penetrates to the very heart of life and reveals the harmony that is there.

To be the kind of person of whom much is asked is to be a person rich in spiritual rewards. For no one can function on the giving side of life without reaching deep within himself and discovering the matchless joys of spiritual achievement.

✿ *To whomsoever much is given, of him shall much be required.*—LUKE 12:48.

Sunday

OCTOBER 3

CHRIST IN ME IS CONSTANTLY AND LOVINGLY AWARE OF ME.

CHRIST in me is aware of me. His loving attention is upon me every single moment of my life. His protecting care constantly infolds me with a greater tenderness than that of the mother for her child. So what have I to fear?

Christ in me is watching with eternal vigilance over me. He is my friend. His Spirit speaks from the midst of me, saying: "I want to serve you. I want to help you. I want to free you from every sense of limitation. I want to protect you from making mistakes."

Christ in me loves me. My welfare and happiness are His sole concern. He knows my every need; He understands my desires; He blesses my efforts.

Christ in me blesses me. If I make mistakes, He immediately comes to my aid and sets me on my feet again.

Christ within me is my changeless friend. His love surrounds me; His joy strengthens me; His peace comforts me.

✿ *But the very hairs of your head are all numbered.*
—MATT. 10:30.

OCTOBER 4

Monday

THE DOOR TO MY GOOD STANDS OPEN BEFORE ME.

YOU DO not have to force your way to God; you do not have to force your good into manifestation. There are no closed doors between you and God, between you and your good. Always, ever, the door stands open before you. You need only to go forward in faith in order to enter into your good.

There may seem to be closed doors, it is true. Sometimes we are so insistent that a certain thing be established in our lives that we identify this thing with our good and feel that if we do not have it we do not have our good. This is not true. There are no closed doors to our good, but sometimes we close our minds to all that God has to offer us by thinking that we know just what our good consists of.

We need to let go of the thought that some person or thing or situation constitutes our good. We need to let go of the thought that the door to our good is closed. We need to open our minds to the truth that the blessings of God are at hand for us.

• *I have set before thee a door opened.*—REV. 3:8.

Tuesday

OCTOBER 5

I DO NOT FEAR OR RESIST CHANGE. I MEET EVERY EXPERIENCE WITH A HAPPY AND TRUSTING SPIRIT.

MANY times we resist change, because even though we feel sure of our ability to meet and handle the situations that have become familiar and routine to us, we are not at all sure of our ability to cope successfully with some new set of circumstances.

All feeling of fear or resistance drops away, however, when we realize that God has given us a strong, capable, loving Spirit that is more than equal to any experience in life. Instead of fearing or resisting change, we actually welcome it, for we realize that the true joy in living is to be found in growing.

We want to grow; we want to unfold; we want to be the best possible persons we are capable of being. So we give thanks when something in our experience challenges our powers and capabilities, when something calls forth new strength and wisdom in us. In our work, in our home, in our human relations we find joy in the new.

♣ *Therefore will we not fear, though the earth do change.*—PSALMS 46:2.

OCTOBER 6

Wednesday

I KNOW THE WONDER OF GOD'S HEALING POWER. I KNOW IT ALL THE DAY LONG.

DEAR Father-God, I turn to You now in the deep inner silence. My mind and body are stilled. I open the channels for Your healing power by letting go of fear and anxiety. I look to You in faith, joy, and thanksgiving.

As I wait, I feel the flood of Your healing power and love filling every part of my body. Every cell, bone, and tissue is impregnated with this power. I let my song of joyous praise go up to You. Every cell rejoices with new life and perfection.

I give thanks that perfection is Your divine plan for me, that perfect life and health are my heritage as Your child.

I know the wonder of Your healing power. I know it all the day long. It is like the murmur of a stream, never stilled, in the background of every activity of the day.

I praise and bless Your healing power, which brings new life and perfection to my body.

O Jehovah, my God,

I cried unto thee, and thou hast healed me.

—PSALMS 30:3.

Thursday

OCTOBER 7

GOD IS TAKING CARE OF YOU.

GOD is taking care of my loved ones. His indwelling Spirit watches over them and keeps them in perfect peace and safety. They are now protected, guarded, guided, and inspired in all their ways.

I do not allow myself to worry or become fearful concerning the welfare of my dear ones. The anxious, human thoughts of fear and worry are replaced in my heart by thoughts of trust and assurance. I know that God's Spirit is in my dear ones, so I can entrust them to His care and keeping.

God is infinitely more capable of guarding, inspiring, and protecting my loved ones than I can possibly realize. My part is to have faith in His presence and power and to bless them through my prayers.

With the help of God I free my mind and heart from fear and worry and affirm with faith, "God is taking care of you, and I trust His Spirit to protect, guard, guide, and inspire you in all your ways."

♣ *Fear not; for I am with thee . . . I will work, and who can hinder it.—ISA. 43:5, 13.*

OCTOBER 8

Friday

TODAY IS A NEW DAY. I WILL USE IT TO THE
GLORY OF GOD.

TODAY I have a new day to use. The choice is mine as to how I shall use it. I choose to use it to the glory of God. I choose to walk in the light of Truth, letting its rays dissolve any negative condition I may meet.

Today is a new day. I am inspired to keep this uppermost in my mind as I go about my daily tasks, wherever they may be—in the market place, in the home, in the office.

My heart catches the rhythm of the newness of the day and sings within me. My spirit is lifted; I find my work lighter as I work and walk with God.

I rejoice in the realization that God is expressing Himself through me this day.

I give thanks for a new day in which to live, to grow, and to glorify God in everything I think, and do, and say.

*This I know, that God is for me.
In God (I will praise his word),
In Jehovah (I will praise his Word),
In God have I put my trust.*

—PSALMS 56:9, 10, 11.

Saturday

OCTOBER 9

BE STILL. BE STILL. "BE STILL, AND KNOW
THAT I AM GOD."

BE still. Be still, my body. Be still, my mind.
Be still, my heart. "Be still, and know that
I am God."

Be still. Be still, my body. Be poised in perfect rapt attention. Be still in the perfect stillness of Spirit, the stillness that is vibrant with life. Be still, my body, and feel the flowing, healing life of God from head to toe.

Be still. Be still, my mind. Let thought be lifted up on wings of prayer. Let God's light shine in you. Be still, my mind, and listen. In stillness is pure wisdom revealed. God is speaking in the silence. Listen. Be still, my mind.

Be still, my heart. Relax and rest and find renewal. Be still. There are no anxieties, no fears, no hurts in God. There is only love and joy and peace. Be still, my heart, and feel your oneness with the heart of God. Rejoice, my heart, in love—divine, freeing, forgiving, renewing, redeeming love.

Be still. Be still. "Be still and know that I am God."

✿ *Be still, and know that I am God.*—PSALMS 46:10.

THE SPIRITUAL PRESENCE OF JESUS CHRIST
REIGNS SUPREME OVER ALL THIS EARTH.

THERE IS nothing to fear. In spite of appearances, let us never forget that the all-in-folding love of the Lord Jesus Christ completely fills and surrounds this planet.

Christ is giving of His wisdom to all world leaders as they seek solutions for peace.

Christ is pouring forth His healing balm upon all humanity.

Christ's all-protecting love is blessing and guarding and protecting civilization.

We have nothing to fear, for the omnipresent Spirit of Jesus Christ is momentarily pouring forth great healing peace throughout this world, and blessed are all those who trust Him.

It is as though the spiritual hands of Jesus Christ were raised in blessing over all this earth, assuring us that we are forever under the benediction of His love, that we are forever one with His protecting presence.

The spiritual presence of Jesus Christ reigns supreme over all this earth.

☛ *Lo, I am with you always, even unto the end of the world.*—MATT. 28:20.

Monday

OCTOBER 11

I HAVE CONFIDENCE IN MY DIVINE SELF AND FAITH IN MY ABILITY TO DO ALL THINGS.

WHATEVER is before me to do, I will not add the weight of fear of failure to my efforts. I will declare at the outset that I have confidence in my divine self and faith in my ability to do all things.

I have faith in my ability to learn new skills, to master new techniques, to handle new jobs. I open my mind to instruction from within and without. My receptive and willing spirit makes it easy to lay hold of instruction and to apply my energies effectively and constructively.

I have confidence in my divine self. Confidence in my divine self is not egotism or false optimism. It is a confidence that has its roots in faith, that has its beginnings in spiritual understanding. When I have confidence in my divine self I release spiritual power into my life. I let go of resistance to the tasks that are before me. I let go of anxiety as to results, and I place my faith where it belongs, in the Spirit of God.

God has put His Spirit in me, and this Spirit cannot fail.

✿ *I can do all things in him.*—PHIL. 4:13.

OCTOBER 12

Tuesday

I DO NOT FEAR, FOR I HAVE FAITH IN GOD'S JUSTICE BEING EFFECTED IN MY LIFE.

MY FAITH is in justice. I do not allow myself to grow fearful or to think of myself as a victim of injustice. I remember that others do not control the course of my life, that I choose my course with my own faith. And my faith is in justice.

I remember that I have responsibility in effecting justice in my own life, the responsibility of maintaining faith in justice and of recognizing and rectifying any lack in myself that may have made things seem unjust.

I remember that no matter how complicated a situation may be there is always a way to bring about the clarification needed for justice. I seek this way. I pray for guidance. I take courage. I depend on the certainty of God's good. I have faith in justice.

I accept justice as my God-given right, and I take the attitudes of mind and heart that promote understanding, peace, and harmony between myself and others.

✿ *For God gave us not a spirit of fearfulness; but of power and love and discipline.—II TIM. 1:7.*

Wednesday

OCTOBER 13

CHRIST IN ME IS THE PERFECT ANSWER TO
EVERYTHING.

CHRIST in me is the perfect answer. No matter what situation confronts me, Christ in me can show me the way to meet it. If it is a matter of ill-health that needs correction, Christ in me is the Great Physician, who knows how this is to be done. I do not need to strain my mental faculties and will-power in a supreme effort to make myself well again. I have only to rest and keep my vision upon the Christ presence within, in the realization that His healing Spirit does the work.

If I am faced with a perplexing problem, instead of racking my brain for the answer, I remember to turn my mind to the Christ wisdom within me, so that He may guide my way.

If there is fear, Christ in me is my deliverer and my courage. If there is lack, Christ in me is my unfailing supply.

Christ in me is the answer to everything. No matter what confronts me, I keep knowing that He is working everything out in His own beautiful way, and I give thanks.

✿ *I am the way.*—JOHN 14:6.

OCTOBER 14

Thursday

I AM NOT BOUND IN PERSONAL CONSCIOUSNESS. I AM FREE WITH THE FREEDOM OF SPIRIT.

NO MATTER how long I have followed a certain way of life, no matter how long I have allowed myself to be in bondage to fear and doubt, in Truth I am not bound. The picture of life I have built up for myself—if it is not a happy one, if it is not a free one, if it is not a joyous one—is not true and can be changed.

I can begin again. My life can be changed; my desires can be transformed; my needs can be fulfilled in ways that will mean peace of mind and happiness to me.

I am not bound in personal consciousness. I rise out of this bondage by realizing that, first and foremost, I am a spiritual being, that God has created me, and that my life is important and needed in the divine scheme of things.

Daily, hourly, momentarily I remind myself that I am God's child, living God's life. I am free with the freedom of Spirit.

✿ *Ye shall know the truth, and the truth shall make you free.*—JOHN 8:32.



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Evening

R. H. GRENVILLE

The day wakes, singing, in the throats of birds,
A chorus rising like a morning prayer;
The day is strength and movement, life and joy;
The impulse of creation everywhere,
And I, in partnership with God's great law,
Held in His love secure as seed and sun,
Am caught up in the cosmic tide of life,
Thrilled with the thought of great things to
be done.

Night falls more quietly than eyelids close.
Peace draws her cloudy curtains in the west.
Birds twitter sleepy notes of evensong
Into the dusk. The whole world slows to rest,
And I am lulled on weightless wings of air,
Borne up like foam that flecks the ocean deeps,
Encircled by the everlasting arms
Of Him who knows not slumber, neither
sleeps.

MY HEART IS FILLED WITH THE FORGIVING LOVE OF GOD.

FORGIVENESS is more a gift to ourselves than it is to the one we forgive. For attitudes of unforgiveness are far more limiting to ourselves than they are to the one they are projected toward.

It is necessary for all of us to cultivate a forgiving response. We do this by recognizing that we cannot be free and happy, that we cannot express our true selves until we learn to meet life with the kind of love that can transcend unconstructive traits in human nature and harbor no enmity. For as long as we resent and condemn and nurse hurt feelings, we are rejecting the joy in living that we were created to experience.

No matter how difficult it may seem to take attitudes of forgiveness, our hearts are filled with the forgiving love of God through the practice of prayer. In prayer the heart is yielded to the love of God, the love that transforms all it touches into that which is spiritual, into that which is a blessing.

✿ *How oft shall . . . I forgive him? . . . Until seventy times seven.*—**MATT. 18:21, 22.**

OCTOBER 16

Saturday

GOD'S SPIRIT OF GOOD JUDGMENT IN ME
ENABLES ME TO PUT FIRST THINGS FIRST IN
MY LIFE.

IN THE stillness of prayer I affirm that God's Spirit of good judgment is present in me. In the daily activity of my life I follow through on this affirmation by thinking and acting in harmony with what has been revealed to me in the silence.

God's Spirit of good judgment, quickened in me through prayer and meditation, reveals to me what I need to do in order to grow and progress in life. God's Spirit of good judgment in me enables me to put first things first.

When I lift my thoughts to God, when I earnestly and sincerely pray for light and understanding, new ways of thinking and acting are revealed to me.

If I have been giving my thought, my interest, and my time to things that are not productive of good, this is revealed to me. If I have not been using my God-given energies to the full, this is revealed to me. I am quickened in spiritual understanding, and my life begins to change.

✱ *Seek ye first his kingdom.*—MATT. 6:33.

Sunday

OCTOBER 17

GOD LOVES ME WITH AN EVERLASTING LOVE.

THERE is a love that all of us have access to, a love that never fails to respond to every call made upon it. This is the love of God.

Even in the most resistant heart, the most forlorn heart, the most unhappy heart there is the seed of all that makes life wondrously good. As nature nourishes the heart of the seed to release the beauty and richness that abide within, God's love nourishes the heart of you and me to release the latent potentialities. When the heart turns toward the love of God, which is present everlastingly, growth takes place, and life takes on new meaning and joy.

No heart that has ever turned to the love of God has been disappointed or turned away. There is strength; there is understanding; there is comfort in the love of God. There is renewal; there is joy; there is peace in the love of God.

God loves us. He loves us with an everlasting love. We are His own; we can never be separated from His loving presence, His tender care. Wherever we are we are one with Him.

• *Yea, I have loved thee with an everlasting love; therefore with lovingkindness have I drawn thee.*—JER. 31:3.

OCTOBER 18

Monday

I SPEAK WORDS OF PRAISE, AND MY HEART
REJOICES.

YOU will touch the Spirit of God in those about you if you will begin to praise the qualities in them you should like to see come forth.

For instance, your children may have formed the habit of arguing, or there may be discord in your home or among your business associates.

You will find it heart-warming to witness how your family, your friends, your business associates will respond to your words of praise.

When you praise others you do not condemn or criticize them for their failures and shortcomings. You recognize the inherent qualities of good in them. Such praise has a wonderful effect on people.

Praise has a wonderful effect on you as well. As you approve of others and praise them, approval and praise come flowing to you from others as a natural result.

A good understanding have all they that do his commandments:

His praise endureth for ever.

—PSALMS 111:10.

Tuesday

OCTOBER 19

"ALL THINGS WORK TOGETHER FOR GOOD."

I WILL remember that no matter what the appearance, "all things work together for good." I will keep faith in this idea, and I will prove my faith by my confident, radiant spirit. I will not feel letdown, disappointed, or dismayed by any occurrence. I will bless myself and bless the experiences of my life, and I will continually affirm, "To them that love God all things work together for good."

If it seems that some good for which I have longed and prayed is not forthcoming, I will pray for an enlarged vision. I will be willing to take a larger view of my life, a larger view of my good. What has seemed to be my good may not be the greatest good that God has for me.

My part is to work with the affairs of my everyday living with all the faith, all the understanding, all the love of which I am capable. I need not worry about the outcome of the affairs of my life. They cannot help but be good, for I have placed myself and my life and affairs in the care of God, and God is good.

♣ *All things work together for good.*—ROM. 8:28.

OCTOBER 20

Wednesday

MY LIFE IS IN THEE.

“**M**y life is in Thee,
Thou omnipresent One.
Fountain of life thou art,
Springing within each heart;
No life from Thee apart,
Thou Goodness divine!

My health is in Thee,
Thou omnipresent One.
All good I draw from Thee,
Thy law preserveth me;
Help me this truth to see,
And prove it divine.

All power is in Thee,
Thou omnipresent One.
Thus error's chains are riven;
Heir of the wealth of heaven,
To me, His child, is given,
A freedom divine.”

✿ *And Jesus answering saith unto them, Have faith in God.—MARK 11:22.*

Thursday

OCTOBER 21

I WILL EXPRESS GOD'S LOVING-KINDNESS TOWARD ALL TODAY. I WILL BE CONSIDERATE. I WILL BE KIND. I WILL BE PATIENT.

TODAY I will put into action the love that God has instilled in my heart. I will express loving-kindness toward all today. I will be considerate of the rights and feelings of others. I will look upon others with compassion and understanding. I will find no fault with them; I will see the good in them.

I will be kind in my thoughts and attitudes. I will make an extra effort to show interest in those about me, to say the word of praise or appreciation that needs to be said. I will not condemn or criticize another, even in my mind.

Today I will be patient. I will not allow myself to become irritable at delays. I will not allow my calm to be ruffled by what seems to be inconsideration on the part of others. I will be poised and patient. Those about me will sense only the calmness of my spirit; they will bask and grow in the light of the loving spirit I express toward all today.

✿ *Be ye kind one to another, tenderhearted, forgiving each other.—EPH. 4:32.*

Friday

I CHOOSE THE HIGH WAY OF TRUTH.

“**T**O every man there openeth
A high way and a low,
And every man decideth
The way his soul shall go.”

I choose the high way. I choose the high way through the thoughts of my mind, through the attitudes of my heart, through the way in which I meet the affairs of my daily living.

It is one thing to choose the high way. It is another thing to follow it. But I am capable of following the high way, for God has given me His own Spirit. He has implanted His wisdom in me, His love in me, His strength in me, His power in me.

I choose the high way, and I follow the high way, step by step, day by day. I choose the high way of faith. I choose the high way of patience. I choose the high way of understanding. I choose the high way of tolerance. I choose the high way of loving-kindness.

I choose the high way. I keep my feet on the path of Truth, and I am blessed.

✱ *Choose you this day whom ye will serve.*—JOSH. 24:15.

Saturday

OCTOBER 23

THE GLORY OF THE CHRIST CONSCIOUSNESS
NOW AWAKENED IN MY SOUL QUICKENS,
ILLUMINES, AND HEALS ME.

DO YOU know what the glory of the Christ consciousness is, what it means? Every day we in Silent Unity receive letters from persons who tell us of the glory of the awakened Christ consciousness in their souls, even though they do not describe it in just these words. They tell us how their whole attitude toward life has changed as their thought about God and life has changed. They tell us how prayer has lifted up their hearts and transformed their lives. They tell us of the blessings that have come to them and their dear ones.

They do not say to us, "The glory of the Christ consciousness has been awakened in my soul," but the glory shines through their words and their letters, the glory shines through their transformed lives.

The glory of the Christ is within you. Through prayer and faith you awaken your spiritual consciousness; you call forth the Christ consciousness that quickens, illumines, and heals you.

✱ *Christ in you, the hope of glory.*—COL. 1:27.

OCTOBER 24

Sunday

THE SAME CHRIST SPIRIT THAT WAS IN JESUS
ABIDES IN ME.

THERE IS a Spirit within me that transcends my mind, my personality, my body. This Spirit is the Christ. The Christ in me is the presence of All-Good. It is the presence of wisdom, life, health, strength, harmony, supply, love. Anything I need for a fuller and more perfect life can be found in this presence of Christ indwelling.

Whenever I place my attention upon the radiant Christ presence and surrender myself to its healing ways, I begin to receive its harmonizing and illumining energies into every cell and atom of my being.

I walk unafraid through every challenge that may confront me, for I know that the Christ in me is my unfailing protection and support. The living, breathing presence of Christ is within me now and forevermore, infolding me in His healing love and watching over me with His protecting care. The same Christ Spirit that was in Jesus abides in me.

☛ *Know ye not . . . that Jesus Christ is in you?*—II COR. 13:5.

Monday

OCTOBER 25

TODAY I COMMIT MY WAY UNTO THE LORD,
TRUSTING HIM TO BLESS ME IN A PERFECT
WAY.

TODAY I commit my way unto the Lord. I place all things in His care; I look to Him for guidance in everything.

God's perfect pattern for my life includes a greater abundance of good than I can even dream of. In silent prayer I ask Him to set my feet on His path. I ask and then I wait, with mind and heart open and receptive. His answer always comes, and with a sure feeling of rightness I go about the day's work.

To ask, to receive guidance, to act upon it—these are the three steps I take. As I follow the guidance that comes to me without delay or hesitation, my way becomes easier and surer. Guidance is clearer; faith is strengthened; and abundance of all good begins to flow into my life.

How wondrous are the ways of God! Life becomes increasingly harmonious and joyous, and a sense of achievement fills my being as I commit my way unto the Lord.

✿ *Commit thy way unto the LORD.*—PSALMS 37:5 (A.V.).

OCTOBER 26

Tuesday

I BEGIN LIFE ANEW TODAY.

ONE OF the important steps in spiritual development is that of releasing the past, so that we can live fully in the present.

Too many of us live under a cloud of guilt and self-depreciation. Certainly, it is needful to accept the new knowledge that our experiences bring to the surface, but we should not enslave ourselves with feelings of condemnation and blame. When an experience is past we should retain the knowledge we gained from it but let go of the experience itself. When we have accepted the enlargement of thought this experience brings, we are new persons.

A helpful attitude to take in releasing ourselves from the past is the attitude of beginning life today, the attitude of letting go of yesterday and standing free and new today.

God has given us the privilege of discarding the past and beginning anew at any time we choose to.

♣ *For ye were once darkness, but are now light in the Lord: walk as children of light (for the fruit of the light is in all goodness and righteousness and truth).—EPH. 5:8, 9.*

Wednesday

OCTOBER 27

THE AGELESS, DEATHLESS SPIRIT OF CHRIST
IN ME IS THE ONE AND ONLY SOURCE OF MY
LIFE.

THE LIFE that flows through my body is spiritual, for it flows forth into my being from the Christ within. Because this life that flows throughout my being is spiritual in nature, it has within it no aging or deteriorating properties.

This divine Christ life that now flows freely throughout every cell and atom of my being is charged with resurrecting and renewing energies and is momentarily resurrecting and renewing every organ, fiber, and tissue of my being.

I do not accept the belief that the so-called aging process is inevitable for me. I behold my entire being as an eternal unfolding of the radiant Christ within me.

Since I am unfolding infinite perfection, every day for me must, of necessity, be more glorious than the day before.

✿ *For this corruptible must put on incorruption, and this mortal must put on immortality. . . . thanks be to God, who giveth us the victory through our Lord Jesus Christ.—I COR. 15:53, 57.*

I VIEW MY PRESENT LIFE AND CIRCUMSTANCES WITH A CONTENTED MIND AND HEART.

WHEN we are discontented with the place where we are it is difficult for us to give it our attention and our appreciation. But the place where we are is the place of preparation for what is to come. If we are rejecting our present place in life, turning away from it with a deaf ear and an unresponsive heart, we are delaying the growth we need to make in order to function in life in a more satisfying way.

Irrespective of how uncongenial the place where we are seems to be, it has challenges that we need to meet, challenges that draw from us the spiritual powers that sharpen our perspective and enlarge our worlds. It is to our personal advantage to take a new look at the place where we are, to evaluate what we can learn and develop and express.

In order to grow and to go forward we need to clear our vision, which we do through the practice of prayer. Through the renewal of prayer, we come into a new understanding of ourselves and life.

♣ *I am . . . content.*—PHIL. 4:11.

I AM SPIRITUALLY ENDOWED WITH POWER
AND AUTHORITY FROM GOD.

IF YOU have formed any undesirable habit that you find difficult to overcome, you can know that the conquest of habit is possible through prayer.

A desire to be free and a willingness to work in harmony, love, and understanding with the all-powerful Christ presence at the heart of your being are the first steps in overcoming.

You have within you all the potentialities you need to govern and control yourself, for you are a spiritual being. You are spiritually endowed with the power and authority from God to say no to any habit of an undesirable nature, to claim your freedom.

Faith in yourself and in the all-conquering Spirit within will give you the courage and the strength to make your overcoming, whatever it may be.

You are unfettered and unbound, triumphant, glorious, splendid, free, for you are spiritually endowed with power and authority from God, your Father.

☛ *He that ruleth his spirit [is better], than he that taketh a city.—PROV. 16:32.*

OCTOBER 30

Saturday

LORD, BLESS THIS HOUSEHOLD. BE WITH EACH MEMBER THROUGHOUT THIS DAY—A LIGHT, A GUIDE, A HEALING POWER.

LORD, bless this household. Let Thy love encompass our hearts. Let Thy wisdom illumine our minds. Let Thy life renew our bodies. Let Thy light direct our ways.

Lord, bless this household. Act through us, think through us, speak through us, so that love may become a living reality in our midst.

Lord, bless this household. Open our minds to Truth, quicken our spiritual understanding, and reveal to us the underlying pattern of life that is perfect and fulfilling.

Lord, bless this household. Renew us in strength, pour forth Thy healing life through us. Fill us with radiant energy, with ceaseless vitality. Bless us, heal us, perfect us.

Lord, bless this household. In all our ways be Thou a light unto our path, a lamp unto our feet. Open the way before us, and open our eyes to the beauty and wonder of everyday living.

*Thy word is a lamp unto my feet,
And light unto my path.*

—PSALMS 119:105.

Sunday

OCTOBER 31

I LEND THE CREATIVE POWER OF MY
THOUGHT AND ACTION TO THAT WHICH
CONTRIBUTES TO PEACEFUL, HARMONIOUS
LIVING.

WHILE most of us are not in a position to take concrete action in relation to world problems, all our lives are touched by these problems.

All of us know what the ingredients of peaceful, harmonious living are, and our personal responsibility is to contribute what we can of these ingredients. Instead of allowing ourselves to become possessed by fear, we should place our faith in God's love, justice, and power. Instead of allowing ourselves to feel helpless in the face of those who paint a pessimistic picture of the future, we should remember the creative forces that God has implanted in each of us, the forces that work for good in the world.

By giving the creative power of our God-given energy to that which contributes to peaceful, harmonious living we take personal responsibility in solving world problems.

✿ *So then let us follow after the things which make for peace.*—ROM. 14:19.

This Month IN UNITY



This Month in *Weekly Unity*

The October 10 issue of *Weekly Unity* contains an excellent article entitled "Proclaim Your Faith!" by Phyllis M. Costigan. This article tells of half a dozen people who find happiness and success by proclaiming their faith in the face of difficulties. *Weekly Unity* also includes other articles, inspiring poetry, and many features such as Lowell Fillmore's weekly column "Things to Be Remembered." The magazine is priced at \$1 a year.

Would You Like a Free Unity *Catalogue*?

When ordering Unity literature you will find a *Unity Catalogue* of great help, for it gives a detailed description of the books, magazines, and most of the miscellaneous material that Unity publishes. In addition, the *Catalogue* contains much helpful material about the purpose of Unity, what Unity teaches, the Silent Unity ministry, and various other phases of the Unity work. For a free *Catalogue* address your request to Unity headquarters, Lee's Summit, Missouri.

Two New Pamphlets

Two five-cent pamphlets have been added to Unity's list recently. They are "Near and Here," by Gardner Hunting; and "The Man We All Might Be," by James Dillet Freeman. Mr. Hunting's article appeared first in *Weekly Unity*, while Mr. Freeman's writing was taken from DAILY WORD magazine. Both these pamphlets bring messages of special inspiration and help, as do all the other Unity pamphlets. For a complete list of the Unity pamphlets, write to Unity headquarters at Lee's Summit, Missouri. (There is no charge for the list.)

Help Us by Renewing Early

During the busy Christmas season nearly 350,000 subscriptions for various Unity periodicals will expire! And this at a time when our office is already stacked high with great piles of Christmas orders!

Will you help us? Will you send in your advance renewal order now, if your subscription expires at any time in the next few months, so that we can handle it before the rush season? Your renewing now will be appreciated by every Unity worker. In addition, it will enable us to make some other person very happy on Christmas morning with a Unity publication. Thank you.

THE STORY OF UNITY

"We are very happy to offer *The Story of Unity* to you," reads Unity School's message in the front of this book. "As you read this book you will live with the founders of Unity; you will see their Truth consciousness grow; and you will see their vision of 'peace on earth, good will toward men' coming true. May *The Story of Unity* lead you to all the good that you desire."

These words aptly express the purpose of this new edition—to make easily available to everyone the inspiring story of the founding and growth of Unity so that all may learn to use and benefit from the vital, practical principles it sets forth. *The Story of Unity*, priced at \$1, is an abridged edition of the de luxe Unity book *The Household of Faith* (price \$5) and includes all of the original text by James Dillet Freeman. It omits only the selected articles by Charles Fillmore and such de luxe features as the special binding and colored photographs. It traces the history of the Unity movement from its birth in the faith-filled minds of Charles and Myrtle Fillmore, to its present state of world-wide importance.

You may secure your copies of *The Story of Unity* at \$1 each from your local Unity center or direct from Unity headquarters.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"IT'S JUST GOOD BUSINESS"

Probably you have often used this expression in your daily life whether you are actually a business person or not. We say "honesty is good business," or "courtesy is good business," meaning simply that honesty and courtesy pay dividends when used in our daily life.

It is in this sense that the title of Unity's *Good Business* magazine should be interpreted. *Good Business* is not intended solely for the person who heads some corporation or enterprise—although of course it will help him, too. *Good Business* is designed to aid and inspire every man or woman who is engaged in the business of living, and its true-life stories, articles, and fine poetry will help any person to conduct his daily life with greater happiness and success.

For instance, the October issue contains an article by the well-known Truth writer Gardner Hunting. This article, intriguingly titled "Side Line," discusses the power of words, and how we can use them for good in our life. Mr. Hunting states that whatever our business is, we should make good words our side line.

Order a subscription to *Good Business* today, and see what a help it can be to you in the business of living. The magazine is priced at \$1 a year for twelve monthly issues.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Practical Help

FOR SUNDAY-SCHOOL TEACHERS

A woman in Chicago writes: "I am a Sunday-school teacher in a neighborhood church, and I use the *Unity Sunday-School Leaflet*. My class consists of five girls and five boys eleven years of age. They all eagerly await the Frank and Frankie story each Sunday, and I find the rest of the *Leaflet* very helpful also."

The *Unity Sunday-School Leaflet* is a valuable aid to Sunday-school teachers, or to parents who wish to teach their children about Truth. It contains the "Bible Text," "The Lesson Story," "What the Lesson Teaches," "Questions about the Lesson," and a "Frank and Frankie" story showing how a boy and girl apply the lesson. In addition, the "Teachers' Section" offers special teaching helps with its "Lesson Objectives" and "Suggested References."

The *Unity Sunday-School Leaflet* (\$1 a year) is mailed in monthly packages containing a *Leaflet* for each Sunday in the month and the monthly "Teachers' Section." Unity also has a complete line of other Sunday-school supplies, including graded lessons for younger children. Write for a free catalogue. When ordering Sunday-school material, please state ages of the children it is intended for.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

"WORKED WONDERS FOR US"

One Prosperity Bank user writes: "The Prosperity Bank plan has worked wonders for us. My wife and I now have a bank account, and we have no trouble meeting our monthly bills."

Many persons find that the Prosperity Bank plan helps them to make their financial affairs run more smoothly because it helps them to recognize fully the true Source of their supply. To participate, you meditate and drop a coin a day in the Bank for seven weeks as Silent Unity prays with you. With the money you save, you send **DAILY WORD** to others. Order your Bank today.

Unity School of Christianity, Lee's Summit, Missouri

Here is my order for three **DAILY WORD** gift subscriptions and a Bank in which to save the \$3 cost of these subscriptions.

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A New Book

OF DOCTOR HOUSTON STORIES

For many years the Doctor Houston stories have been a favorite feature of *Weekly Unity* magazine. In these stories, men and women who are in difficulties come to the kindly Doctor Houston for assistance, and they always receive it—not from the Doctor himself, as he says, but from the Christ in their own hearts that he helps them to recognize and bring forth.

Although the name of Doctor Houston is a fictitious one, because the Truth teacher concerned must remain anonymous, the stories themselves are true. Written by Zelia M. Walters, they deal with every conceivable type of problem; and besides offering real, practical help they make facinating reading.

The new book is called *Doctor Houston Speaking*. Bound in red, it contains fourteen stories about the kindly Truth teacher, including many special favorites. Send for your copy of *Doctor Houston Speaking*, priced at \$1, today. And if you do not have the first book of Doctor Houston stories, *Whatsoever Ye Shall Ask*, order both books for only \$2.



UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

October

ELEANOR HALBROOK ZIMMERMAN

I know where God upon an autumn hill
Has spread a gold no common purse may keep,
Where in a windless hour, serene and still,
The maple leaves drift down to carpet deep
Each glade and hollow; and I know the place
Where tall oaks standing make a scarlet show
Beside an old rail fence, and asters lace
The roadside ditches with their purple glow.

Should I be in a town when autumn comes,
Where clifflike walls reach upward to the sky,
My heart that knows October's fifes and drums
Will wake to her first music with a cry,
And suddenly upon a city street,
Where autumn's hills seem distant as a star,
Her magic will infold me, piercing, sweet,
In joy as golden as her maples are;
For God, who makes an autumn with such art,
Grants it a place forever in the heart.

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